

Swim Wales Masters LC 2026 - 28/02/2026 to 01/03/2026**Wales National Pool, Swansea****Results - Session 2 - Warm Up 11.40 - 12.30****Event 203 Women 18-24 200 LC Meter Backstroke**

1	Emily Blake	19	Co Cardiff	2:23.62
	34.64	36.55	36.48	35.95
2	Myia Jones	18	Wrexham	2:41.46
	36.64	41.66	41.93	41.23

Event 203 Women 75-79 200 LC Meter Backstroke

1	Margaret Bickley	75	Dartmouth SC	4:02.60
	55.39	1:01.29	2:05.92	

Event 203 Women 25-29 200 LC Meter Backstroke

1	Peta Jarvis	25	Loughborough	2:50.40
	38.62	42.80	44.66	44.32
2	Hannah McGlue	25	Welsh Ind	3:03.08
	43.28	46.57	47.90	45.33

Event 203 Women 35-39 200 LC Meter Backstroke

1	Laura Hibberd	36	Hillingdon	2:42.06
	39.50	41.66	41.82	39.08
2	Lucy Theophilus	35	Cardiff Mast	3:11.20
	45.51	48.28	49.39	48.02

Event 203 Women 40-44 200 LC Meter Backstroke

1	Jennie Clarke	41	Woking	2:43.18
	38.07	41.47	41.80	41.84
2	Leanne Penny-Thomas	41	Swansea Aq	2:52.20
	38.27	43.63	45.47	44.83
3	Crystal Brownnett	42	Woking	3:00.29
	43.07	46.58	46.92	43.72
4	Natasha Morgan	44	Welsh Ind	3:01.43
	42.31	45.61	47.31	46.20
5	Eleanor Roberts	42	Swansea Aq	3:05.06
	43.46	47.91	48.58	45.11

Event 203 Women 45-49 200 LC Meter Backstroke

1	Lisa Paling	45	Dove Valley	3:22.32
	47.47	50.55	52.20	52.10
2	Sue Starr	48	East Leeds	3:32.80
	49.93	54.67	55.12	53.08

Event 203 Women 50-54 200 LC Meter Backstroke

1	Bethan Bell	53	Gloucester M	2:53.08
	40.61	43.51	44.99	43.97
2	Sarah Hyde	54	Cardiff Mast	3:02.89
	42.10	46.88	48.30	45.61

Event 203 Women 55-59 200 LC Meter Backstroke

1	Jo Corben	56	SD Trojan	2:34.50
	36.75	40.20	39.35	38.20
2	Lydianne Lock	57	Loughborough	2:50.90
	39.90	44.14	44.84	42.02
3	Adele Parham	59	Exe Masters	3:18.66
	47.52	50.73	51.23	49.18
4	Zorika Adams	56	Camden Swiss	3:43.04
	53.24	57.86	57.47	54.47

Event 203 Women 60-64 200 LC Meter Backstroke

1	Alison James	60	Carm Masters	3:41.90
	51.02	55.84	58.48	56.56

Event 203 Women 65-69 200 LC Meter Backstroke

1	Helen Kula-Przewanski	67	Devonport	3:09.83
	44.80	47.97	48.95	48.11
2	Micaela Morris	65	Gloucester M	3:14.42
	44.54	48.48	50.85	50.55

Event 203 Women 70-74 200 LC Meter Backstroke

1	Kathleen Bidnall	71	Mid Sussex	3:36.31
	51.37	54.55	1:50.39	